

#### When

Monday 14th - Friday 18th February 2022

#### What

There is a wide range of activities taking place, including day trips with Exceed Reading Star, workshops on designing costumes for Notting Hill Carnival with MAS AFRICA, Football & Multi-Sports Sessions, to hearing about your future career in the built environment with The Brainary.

### Getting here

All activities in this programme will take place at **The Clapham Park Community Cube**, **116 Kings Avenue**, **Clapham Park**, **London SW4 8BT** and is located on the corner of Atkins Road.

### **Covid Policy**

One of our main priorities is the wellbeing of our community, including staff and volunteers, facilitators, collaborators, tenants and partners. In this time of uncertainty, we're working hard to ensure we provide the best service while keeping the community safe and connected.

You must bring your own mask and hand sanitiser to events and abide by all local social distancing guidance and any additional guidance provided on the day.

If you develop any symptoms of Covid-19 (high temperature, persistent cough, loss of taste and/or smell) then please do not attend the event. Please be aware that any participant who, in the host's opinion, shows any symptoms will be asked to leave the group as our priority at all times must be the well-being of all our attendees. If the host for any activity develops any symptoms of Covid-19 prior to the activity, we will immediately cancel the event and contact you to let you know this has been done.

#### For more information

Please feel free to get in touch with Ching Wah M: 07958 337 305 E: cwong@claphampark.org.uk
Or Hannah E: hannah.moody@mtvh.co.uk

## Under 16's

Monday: Pro Touch Multi Sports and Football Bootcamp for 8 – 12-year-olds
Tuesday: Carnival Costume Design & Conceptualisation for 8 – 18-year-olds. An
environmentally sustainable project with designers for 2022's Notting Hill and Clapham Park
Carnival

**Wednesday & Thursday: Exceed Reading Stars** for 7 – 13-year-olds. ERS are back for a fun filled two-day program, including healthy food, and off-site trips. Advance booking is essential.

Wednesday: Fight 4 Change Boxing Launch for 11 - 17-year-olds

**Friday: Junior Jollof Chefs** for 10 – 16-year-olds. The workshop will offer young people an exciting new approach to cooking Joloff rice in a quick, safe, fun way. This is a life skill program and aims to give young people from all multi-cultural backgrounds the experience of choosing healthy eating options using Joloff paste. Advance booking is essential.

Friday: Multi-sports & Football Bootcamp for 8 – 12-year-olds. Knights Youth Centre will run a football and multi-games session which will provide a variety of inclusive and teamwork activities. For more info please contact Ryan on:

M: 07562 018 228 / E: ryan@knightsyouthcentre.org.uk

**Tuesday & Friday: The Bikes Project Taster Session** for 8 – 16-year-olds. Learn how to do minor repairs to your bike, such as punctures, brakes and setting up gears. Materials provided free of charge

### 16 Plus+

Tuesday: Carnival Costume Design & Conceptualisation for 8 – 18-year-olds (see above)

**Tuesday: The Brainary** for people in years 10 – 12 at school. Regeneration Brainery is all about getting more young people into the best industry in the world: Property & Regeneration.

**Wednesday - Friday: Construction Youth UK** for people in years 10 - 12 at school. Interested in a career in the construction industry or the built environment? Then this is for you.

## Activities for the Whole Family

Monday & Thursday: Table Tennis drop-in & play for all ages

**Thursday: African Drumming Circle.** An opportunity to make music, have fun and meet other people from your community.

**Friday: Family Arts & Crafts** drop-in session. Drawing, colouring, using stencils and card making

# **Activities for Parents & Guardians**

**Monday, Wednesday & Friday: Father sessions.** Inviting Fathers to come and join this new group, to have the opportunity to discuss issues that cause concern in a positive and supportive environment. This could be worrying about children with challenging behavior, or the child's education and finding the right schools. An initial group session on Monday and then 2 private 1:1 sessions on Wed & Fri