





Welcome to Park Life, CPP's quarterly newsletter

At CPP, we are looking forward to the annual summer Fun Day on Saturday July 27th (all the details are on the poster on this page). It's going to be a really full afternoon of activities this year with the return of the Brixton Chamber Orchestra and the popular reptile display. The perennial and colourful carnival procession will of course be there too. CPP, MTVH and the Regeneration Joint Venture staff have been working hard alongside volunteers to put everything in place for the day. CPP will be there with our usual stall. We'd love to see you there too.

Elsewhere in this newsletter you can read about interesting projects supported by our Community Chest fund, some free activities for over-50's and our work with children and young people, including our Bikes Project, and the news that the splash-pad in Agnes Riley Gardens is now operating with the help of the Friends of the park.

See you on the afternoon of Saturday 27th July.

Diana Morris Chair, Clapham Park Project

In this issue:

Page 2 Page 2 - Young Clapham Consortium

Page 3 LCF funded 50+ project

Community Fun Day



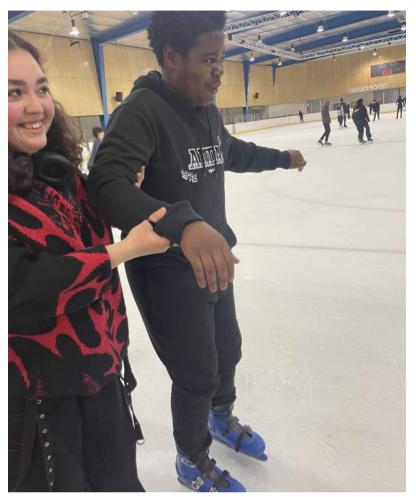
Page 3 - Community Chest (International Women's Day, Mens Health)

Page 4 - Splash Pad

- Bikes Project
 - Save the Date

ParkLife | Summer 2024

The Young Clapham Consortium







about preparing for the carnival!!"

The Consortium commissioned 10 places for youthwork staff and volunteers from our groups to become fully qualified canoeing instructors. This six day course held over a three month period has been a great success, as well as a huge commitment for those taking part - but it's also a crucial development for us as a Consortium as it will enable our groups to make better use of the canoeing facilities available at Wey Island.

Follow us on the Consortium's Instagram page #YoungClapham for information about what's going on, or contact Miriam Calis, Clapham Consortium Coordinator Mcalis@claphampark.org.uk



On Tuesday, June 11th, the 'Young Clapham' Youth Council embarked on its third trip, bringing together young people from Knights Youth Centre, Clapham Park Project, Oasis Play, and Clapham Youth Centre for an exciting day at the Streatham Ice Skating Rink. This outing provided a fantastic opportunity for the participants to bond and to foster new friendships and it sparked meaningful conversations about their community. The youth eagerly shared their ideas and visions for the Clapham area, demonstrating their enthusiasm and commitment to making a positive impact in their neighbourhood.

The Consortium's young people are also busy preparing for the upcoming Carnival for the Clapham Park Community Fun Day on July 27th. Knights Youth Centre young people are choreographing and rehearsing their dance for the procession; **Clapham Youth Centre members** are designing and making costumes; and Oasis Play is focused on designing and assembling the float for the day. Additionally, the consortium's youth are collaborating with Mandinga Arts to design the back pieces for each dancer. Workshops will be held over the next few weeks, building excitement and anticipation for the big day. The participants' enthusiasm and collaborative spirit are evident, highlighting the importance of providing such opportunities for engagement and dialogue.

At one of the carnival workshops at Clapham Youth Centre with Mandinga Arts, one of the young people said "This has been an inspiring event and I'm looking forward to working more closely with Mandinga Arts and excited

Free Activities for Over 50s

Funding from Lambeth Community Fund means that we are able to provide additional activities for residents over 50 years old until February 2025. They will take place at the Cube Community Centre, 116 Kings Avenue every Tuesday from 1-3pm (see more information on page 4 Save the Dates). 30 people joined us for lunch as part of our Music and Memories session. The next lunch will be on Tuesday 2nd July when GW Jazz will be playing songs suggested by the group.

Other activities available are word search; crosswords;



sewing, crochet; knitting; board games; jigsaw puzzles; card making; bingo or just having a natter and making friends over some light refreshments. The group share their skills with each other and we are open to discussing new activities.

The London Community Foundation

Community Chest Funding

International Womens' Day



Clapham Park Project supported a well-attended International Women's Day event that was held on Friday March 8th at Lambeth Town Hall. The key themes for the day were to celebrate women's achievements, educate and raise awareness about women's equality. Mrs Nighat Khan, who is well known and a respected community worker, handed out certificates of achievements for numerous courses including English, Maths and Confidence Building. There were opportunities for all attendees to get some pampering at the end of the event including massage, nails and henna painting.

Men's Wellness Month (Mpower)

This is the first grass roots project, targeted at middle aged men (and older) to take place In Clapham Park. Its aim is to make men aware of the importance of their overall health and well-being. The project was spread over the month of May, there were workshops on nutrition, diabetes control, prostate health, and blood and cholesterol checks, provided by New Park Road Chemist. All of the events took place at the Hope Centre and were coordinated by Mehret Hope. CPP was very pleased to be able to support this project. The funding now available for Community Chest projects like these is £1000.



If you have a passion to work with local residents in Clapham Park and have a project in mind you can apply for funding through our website claphampark.org.uk. where you will find application forms, funding criteria etc. or you can e-mail the Community Development Worker pjoseph@claphampark.org.uk

Splash in the park



"It's a million times better than last year!"

Now that summer has finally arrived, children have been enjoying the new Splashpad in Agnes Riley Gardens. The splashpad replaces the dilapidated paddling pool which the Friends of the park have been struggling to keep going over the last few years. The installation of the splashpad is the final element of an upgrade to the playground at Agnes Riley that also includes such attractions as a track ride. The funding is provided by the redevelopment package for the Clapham Park estate. If you would like to help the Friends maintain the splashpad – it just needs you to be in the park for about 30 minutes before 10 am - please contact the Friends friends@agnesrileygardens.org.uk

FREE - Learn how to build/repair a bike

Ages 8-18 years old Saturdays 11am to 1pm and 2pm to 4pm

Venue: Clapham Park Project, 1-4 Brixton Hill Place, SW2 1HP

Children and young people are taught basic bike building and maintenance skills. Each participant will learn how to build/repair their own bike or one of our second-hand ones which they can then take away. All parts are provided free of charge. Booking is essential for us to allocate a bike.

Call Ching Wah on 07958337305 or email cwong@claphampark.org.uk



Save the Dates

CLAPHAM PARK COMMUNITY FUN DAY Saturday 27th July 2024 1:00pm to 5pm Our Bikes Project will be there to provide basic repairs for your bike.

TAI CHI CLASSES (FREE) 18+ Tuesdays 10am to 11am at the Clapham Park Cube, 116 Kings Avenue.

OVER 50S COFFEE MORNING £2.00 Tuesdays 11am to 12:30pm at the Clapham Park Cube, 116 Kings Avenue.

Meet your neighbours & make new friends over a cuppa, sandwiches & fruit.

OVER 50s ACTIVITIES (FREE) Tuesdays 1pm to 3pm (DROP IN) at the Clapham Park Cube, 116 Kings Avenue.

Enjoy a variety of activities over a chat with a cuppa and snacks.

For more info, contact Ching Wah 07958 337 305 or cwong@claphampark.org.uk

LEARN HOW TO REPAIR/ BUILD A BIKE (FREE) Children & Young People (8-18 years of age) Saturdays 11am to 1pm and 2pm to 4pm At 1-4 Brixton Hill Place, Off Brixton Hill SW2 1HJ

BOOKING ESSENTAIL. Call Ching Wah on 07958337305 or email cwong@claphampark.org.uk

Children and young people are taught basic bike building and maintenance skills. Each participant will learn to build/repair their own bike or one of our second-hand ones which they can then take away. No costs are involved.

CLAPHAM PARK WARD SAFER NEIGHBOURHOOD PANEL MEETING Monday 15th July 2024 6:30pm – 8:30pm at the Clapham Park Cube, 116 Kings Avenue SW4 8EP.

All welcome to discuss any concerns about crime and safety in your neighbourhood